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As a caregiver, I know how intimidating 'the system' can be, all about fearing the unknown and feeling like no one has your back. I understand how we put ourselves last over everyone and everything else and I'm here to help you find yourself through the midst of it all.

BRENDA BLAIS NESBITT
CMCP, CCC



1-519-860-2512



brenda@
coachingforcaregiverscanada.com



Based in London, Ontario

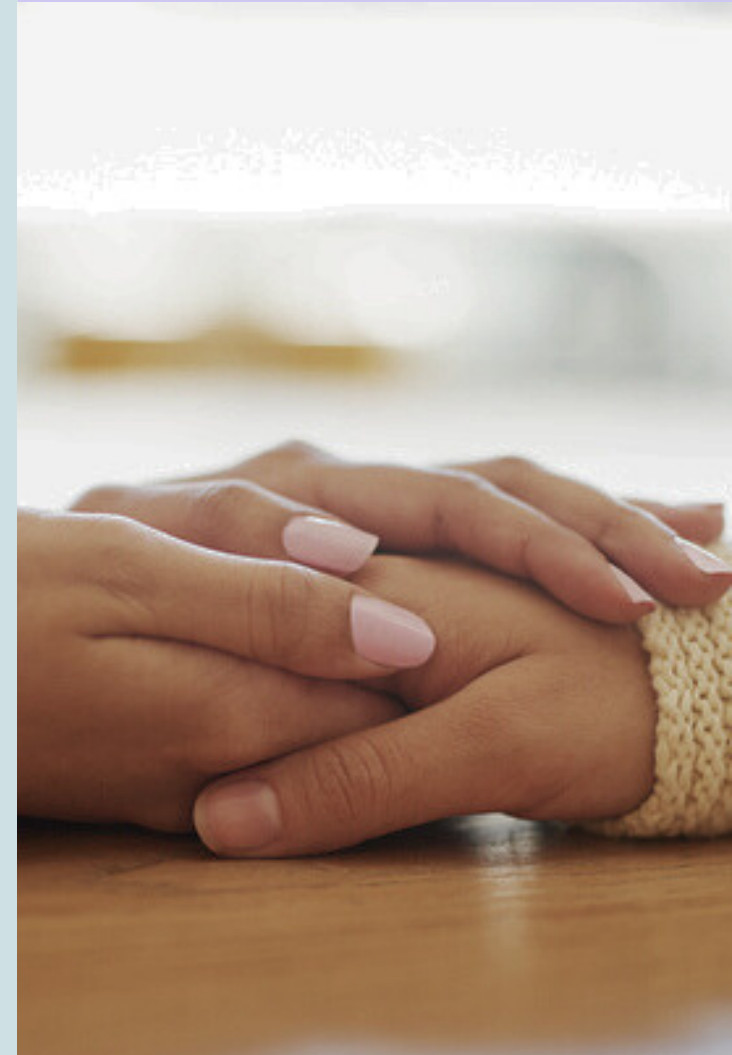


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2019 CAREGIVER OF THE YEAR

Coaching
FOR CAREGIVERS CANADA



EMBRACE THE JOURNEY



ABOUT BRENDA

Brenda has been a caregiver for over 25 years, caring for her child who is severely physically disabled, developmentally delayed, technologically dependent and medically fragile.

With certification in life coaching and caregiver consulting, along with 17 years in medical administrative research roles, Brenda fostered a strong work ethic, compassionate customer service, professionalism and tact. All of which are qualities she harnesses to be the best possible caregiver and advocate she can be.

WHO COULD BENEFIT?

New or seasoned caregivers who need help understanding a diagnoses, navigating the system, finding balance in the chaos and learning to embrace the journey.

YOU DON'T HAVE TO FIGHT THIS FIGHT ALONE. WE HAVE YOUR BACK!

OUR SERVICES

The goal of Coaching for Caregivers Canada is to help you, the caregiver, realize your potential, to empower and inspire you to embrace and celebrate your journey.

We do this through individual one-on-one coaching sessions, workshops and being able to attend meetings with you for your moral support.

Brenda has a passion for sharing her experiences; contact us for more information for how to get Brenda to speak at your event.

Schedule a free consult call to learn more about how we can help!

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